Piggy Pact

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Couples No-Spend November 2026

30 days of only the essentials, together. Save what you'd have spent.

Us: _____ & _____ **Saving toward:** _____

Still on

- Rent, bills and insurance
- Groceries (a list, not a browse)
- Getting to work, medicine
- Gifts you'd already planned

Paused for November

- Takeout and delivery
- Coffee and drinks out
- Online shopping and new clothes
- Anything you didn't plan for

Our own rules: _____

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 ◯◯ $____	2 ◯◯ $____	3 ◯◯ $____	4 ◯◯ $____	5 ◯◯ $____	6 ◯◯ $____	7 ◯◯ $____
8 ◯◯ $____	9 ◯◯ $____	10 ◯◯ $____	11 ◯◯ $____	12 ◯◯ $____	13 ◯◯ $____	14 ◯◯ $____
15 ◯◯ $____	16 ◯◯ $____	17 ◯◯ $____	18 ◯◯ $____	19 ◯◯ $____	20 ◯◯ $____	21 ◯◯ $____
22 ◯◯ $____	23 ◯◯ $____	24 ◯◯ $____	25 ◯◯ $____	26 ◯◯ $____	27 ◯◯ $____	28 ◯◯ $____
29 ◯◯ $____	30 ◯◯ $____					

Colour in your circle each day you keep it.
Slipped? Shade it lightly and keep going. One day doesn't end the month.

What we didn't spend

Week 1	Week 2	Week 3	Week 4	Week 5	Total
$	$	$	$	$	$

Our reward for finishing: _____

Doing it on your phones? There's a free app for that.
Check in each day, cheer each other on, and watch your savings go to a goal you share.
piggypact.com/c/no-spend-november