Piggy Pact

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Dry January 2027

No alcohol for all of January. Put what you'd have spent on drinks toward a goal.

Us: _____ & _____ **Drinks money goes to:** _____

Swap ideas

- Sparkling water with fruit
- Alcohol-free beer or wine
- Mocktail Friday
- A walk instead of the pub

For the tricky nights

- Tell friends before you go out
- Order first, so it's decided
- Have a plan to leave early
- Remember what it's for

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 ◯◯ $____	2 ◯◯ $____
3 ◯◯ $____	4 ◯◯ $____	5 ◯◯ $____	6 ◯◯ $____	7 ◯◯ $____	8 ◯◯ $____	9 ◯◯ $____
10 ◯◯ $____	11 ◯◯ $____	12 ◯◯ $____	13 ◯◯ $____	14 ◯◯ $____	15 ◯◯ $____	16 ◯◯ $____
17 ◯◯ $____	18 ◯◯ $____	19 ◯◯ $____	20 ◯◯ $____	21 ◯◯ $____	22 ◯◯ $____	23 ◯◯ $____
24 ◯◯ $____	25 ◯◯ $____	26 ◯◯ $____	27 ◯◯ $____	28 ◯◯ $____	29 ◯◯ $____	30 ◯◯ $____
31 ◯◯ $____						

Colour in your circle each alcohol-free day.
Had a drink? Shade it lightly and carry on. It's a month, not a test.

What we didn't spend

Week 1	Week 2	Week 3	Week 4	Week 5	Total
$	$	$	$	$	$

Our reward for finishing: _____

Doing it on your phones? There's a free app for that.
Check in each day, cheer each other on, and watch your savings go to a goal you share.
piggypact.com/c/dry-january